



VCA South Shore
Dog Training Academy

TEACH YOUR DOG TO BE COMFORTABLE WHEN LEFT ALONE

TIPS TO MAXIMIZE YOUR SUCCESS

While being around our dogs as much as we can gives us joy, we do need to teach them how to cope with being left alone. Start by leaving them alone for small increments of time and observe how they react, slowly increasing how long they are by themselves over time. If they seem distressed, seek help from a qualified trainer before the distress turns to panic.



BE CASUAL ABOUT LEAVING AND RETURNING. TRY NOT TO MAKE TOO BIG A DEAL OUT OF IT.

USE ENRICHMENT TO MENTALLY FULFILL YOUR DOG. FEED OUT OF A FROZEN KONG OR PUZZLE FEEDER TOY INSTEAD OF A BOWL.



CRATE/CONFINEMENT TRAIN YOUR PUPPY. YOU WANT THEM TO BE COMFORTABLE WITH RESTRICTED ACCESS.

MAKE SURE YOUR DOG HAS HAD SOME EXERCISE BEFORE LEFT UNATTENDED. A TIRED DOG IS A WELL BEHAVED DOG.



ASK "ALEXA" TO PLAY CALMING MUSIC FOR YOUR DOG. THIS WILL HELP DROWN OUT ANY OUTSIDE NOISE.

LOOKING FOR A TRAINER?

Contact

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